



9th Annual Al-Anon Convention

Area 61- Wisconsin & UP of MI

Al-Anon/Alateen

With AA Participation

All Al-Anon meetings, panels and workshops are open

AA Panels are open

Alateen Meetings are only for Alateens and AMIAS

October 23, 24, 25 2026

At Holiday Inn Convention Center, Stevens Point, WI

AL-ANON PROGRAM

All Al-Anon meetings, panels, and workshops are open

Friday Afternoon/Evening

1:30 - 2:00 Volunteer Check-in: by Registration

2:00 - 6:30 Convention Registration: Registration (Center Isle)

3:00 - 3:50 Meeting – Spruce Room 1 – Self Love – Asking for Help

4:00 - 4:50 Meeting – Evergreen Room 2 – Lois's Story Film/Discussion

Dinner on your own

Expo Center Room 2

6:30 pm Welcome, Joanne F and Carol V., Convention Co-Chair

6:45 - 8:30 **AA Speaker**, Emily R-S., Wausau, WI

Al-Anon Speaker, Addy L., Key West FL

Saturday

Breakfast on your own

7:30 am - 1:00 pm

Convention Registration – open

8:00 - 8:50 am

Meeting: Spruce Room 1 – Detachment

Panel: Sands Room 5 – Just for Today

Panel: Frontier Room 6 – It's Me, I'm the Problem

Workshop: Harvest Room 7– AMIAS Training

9:00 - 9:50 am

Meeting: Spruce Room 1 – Unmanageability

Panel: Sands Room 5 – Voices of Sponsorship by Growing Service

Panel: Frontier Room 6 – Secrets and Obstacles to Recovery

Workshop: Harvest Room 7 – AMIAS Quarterly Meeting

10:00am - 10:50 am

Meeting: Spruce Room 1 – Be Gentle with Yourself
Panel: Sands Room 5 – It’s a Family Disease
Panel: Frontier Room 6 – Checking Our Baggage
Workshop: Harvest Room 7 – Forum Writing Workshop

11:00 - 11:50 am

Meeting: Spruce Room 1 – Obedience to the Unenforceable
Panel: Sands Room 5 – CAL That Changed My Life
Panel: Frontier Room 6 – Healing with Humor

Noon- 1:00 pm

Lunch on your own

Expo Center 2 Open Meeting

1:00 -2:50 **Alateen Speaker, Azadrea, WI**
AA Speaker, Mike N., Green Bay, WI

3:00 - 4:00 pm

Registration Reopens

3:00 - 3:50 pm

Meeting: Spruce Room 1 – Resentments and Revenge
Panel: Sands Room 5 – Mind Your Own Business
Panel: Frontier Room 6 – Al-Anon’s Superpowers – The Slogans
Workshop: Harvest Room 7 – Public Outreach – It’s Our 75th Birthday!

Expo Center 1

6:00 - 7:15 pm Banquet Dinner (Pre-registered) - or on your own

Expo Center 2

7:30 - 9:00 pm Welcome, Joanne F. and Carol V., Convention Co-Chairs
AA, Alateen and Al-Anon Count Downs
Al-Anon Speaker, Sherry G.S., Bloomington, MN

Sunday Morning

Expo Center 1

8:30 - 9:30 am Breakfast Buffet (Pre-registered) - or on your own

Expo Center 2

9:45 am Welcome

10:00 - 11:00 am **Al-Anon Speaker**, Iris R, Kenosha, WI

WI & UP of MI Delegate, Panel 65

11:00 am Closing

Al-Anon's Declaration

Let It Begin with Me

When anyone, anywhere, reaches out for help,

Let the hand of Al-Anon and Alateen

always be there,

and – Let It Begin with Me.

Alateen Program

All Alateen Meetings are closed:

Only Alateens and certified AMIAS (Al-Anon Members Involved in Alateen Service) may attend Alateen meetings

Alateens/AMIAS please register at the Al-Anon Registration then proceed to the Alateen Check-In Table. You will:

- **Receive your program and Alateen/AMIAS badge stickers**
- **Have medical/permission forms checked**
- **Have AMIAS certifications verified**

Expo Center Room 1

6:30 pm Welcome, Joanne F and Carol V., Convention Co-Chair

6:45 - 8:30 **AA Speaker**, Emily R-S., Wausau, WI
Al-Anon Speaker, Addy L., Key West FL

8:30 – 9:30 pm Trillium Room 8 – Meeting Just for Today: Letting Go of Worry

Saturday

Breakfast on your own

10:00-10:50 am Trillium - Room 8 – Finding Gratitude in the Present Moment

11:00-11:50 am Trillium - Room 8 – Practicing Self Care Just for Today

12:00 – 1:00 Lunch on your own

Expo Center 1 Open Meeting

1:00 -2:50 **Alateen Speaker**, Azadrea, WI
AA Speaker, Mike N., Green Bay, WI

3:00 – 3:50 pm Trillium - Room 8 – Respond, Don't React

4:00 – 4:50 pm Trillium - Room 8 – Building Healthy Boundaries:
One Day at a Time

Expo Center 1 & 2 Open Meeting

6:00 - 7:15 pm Banquet Dinner (Pre-registered) - or on your own
7:30 - 9:00 pm Welcome
AA, Alateen and Al-Anon Count Downs
Al-Anon Speaker, Sherry G.S., Bloomington, MN

Sunday Morning

8:30 - 9:30 am Breakfast Buffet (Pre-registered) – or on your own
Expo Center Room 2
9:45 - 11:00 am **Al-Anon Speaker**, Iris R, WI & UP of MI Delegate, Panel 65

Alcoholics Anonymous Program

(Including all speakers)

Friday

Dinner on your own

Expo Center Room 1

6:30 pm Welcome, Joanne F and Carol V., Convention Co-Chair
6:45 - 8:30 **AA Speaker**, Emily R-S., Wausau, WI
Al-Anon Speaker, Addy L., Key West FL

9:00 – 10:00 pm Open AA Meeting – Woodland Room 4 – 10th Step

Saturday

All AA Meetings & Panels will be held in the Woodland Room 4

8:00 – 8:50 am Open AA Meeting – Gratitude
9:00 – 9:50 am Open AA Panel – Double Winners
10:00 – 10:50 am Open AA Panel – Service in Action
11:00 – 11:50 am Open AA Panel – 12th Step

Noon- 1:00 pm

Lunch on your own

Expo Center 1

1:00 -2:50 pm

Alateen Speaker, Azadrea, WI

AA Speaker, Mike N., Green Bay, WI

Woodland Room 4

3:00 – 3:50 pm AA Panel – Action Working Steps 6 & 7

4:00 – 4:50 pm AA Panel – Awareness Working the 12th Tradition

Expo Center 1 & 2 Open Meeting

6:00 - 7:15 pm Banquet Dinner (Pre-registered) - or on your own

7:30 - 9:00 pm Welcome

AA, Alateen and Al-Anon Count Downs

Al-Anon Speaker, Sherry G.S., Bloomington, MN

Sunday Morning

8:30 - 9:30 am Breakfast Buffet (Pre-registered) – or on your own
Expo Center Room 2

9:45 - 11:00 am **Al-Anon Speaker, Iris R, WI & UP of MI Delegate, Panel 65**

Important Information

Raffle ticket sales will close at 4:30 pm Saturday

Basket Raffles \$1.00 each / 6 for \$5.00

Winning tickets will be posted by 5:30 - **You need to be present to win**

- Rooms Expo 3A & 3B - Literature Sales - Both Al-Anon and AA
- Al-Anon literature will be sold on Friday and Saturday but closed during all open speakers.
- All Al-Anon and AA Meeting Rooms will be open when not occupied if you need to have your own meeting
- Hospitality Room Is Room 116 😊
- Recording Sales – Expo Center
- Al-Anon Panels and Open Speakers will be recorded

Area 61 AFG 9th Annual Convention Layout

